

$$\begin{aligned} 10. \int \sin^4 6\theta \, d\theta &= \int \left(\frac{1 - \cos 12\theta}{2} \right) \left(\frac{1 - \cos 12\theta}{2} \right) d\theta \\ &= \frac{1}{4} \int (1 - 2 \cos 12\theta + \cos^2 12\theta) \, d\theta \\ &= \frac{1}{4} \int \left(1 - 2 \cos 12\theta + \frac{1 + \cos 24\theta}{2} \right) d\theta \\ &= \frac{1}{4} \int \left(\frac{3}{2} - 2 \cos 12\theta + \frac{1}{2} \cos 24\theta \right) d\theta \\ &= \frac{1}{4} \left(\frac{3}{2} \theta - \frac{1}{6} \sin 12\theta + \frac{1}{48} \sin 24\theta \right) + C = \frac{3}{8} \theta - \frac{1}{24} \sin 12\theta + \frac{1}{192} \sin 24\theta + C \end{aligned}$$